

UNDERSTANDING TENNESSEE'S UPDATED THC, THCA & HEMP LAW

IN EFFECT AS OF JULY 1, 2026

WHAT THE LAW CHANGES



- The allowable THC-limit of hemp-derived cannabinoid products was lowered from 0.3% of Delta-9 THC to 0.3% of total THC by dry weight.
- Many products formerly considered legal are now illegal under this new law.

THCA LEGALITY



- THCA, which turns into THC through heat, remains legal as long as it is within the new 0.3% total THC concentration limit.
- Possession of products containing more than 0.3% total THC by dry weight could result in a Class A misdemeanor.

RESTRICTIONS AROUND AGE



- Individuals must be 21 years of age or older to purchase, possess, or receive hemp-derived products.
- Possession by someone under the age of 21, or providing products to someone younger than 21, could result in Class A misdemeanors.

IDENTITY REQUIREMENTS



- Individuals must present valid government-issued photo ID and be 21 years or older to purchase hemp-derived cannabinoid products from retail locations.

ONLINE ORDERING



- THCA products cannot be shipped or delivered directly to anyone in the state of Tennessee.

MULTIDOSE PRODUCTS



- Unused portions of products must be stored in the original packaging. Failure to do so could result in a Class C misdemeanor.